

Be ready for an earthquake

Before an earthquake I talk with my family and carers

- ▶ We agree on the open place to meet at when the earthquake stops and we leave the building.



- ▶ I make a card with my name and the telephone numbers of my family and carers. I keep this card with me at all times.



- ▶ I ask to do earthquake drills.



An earthquake is happening What should I do?

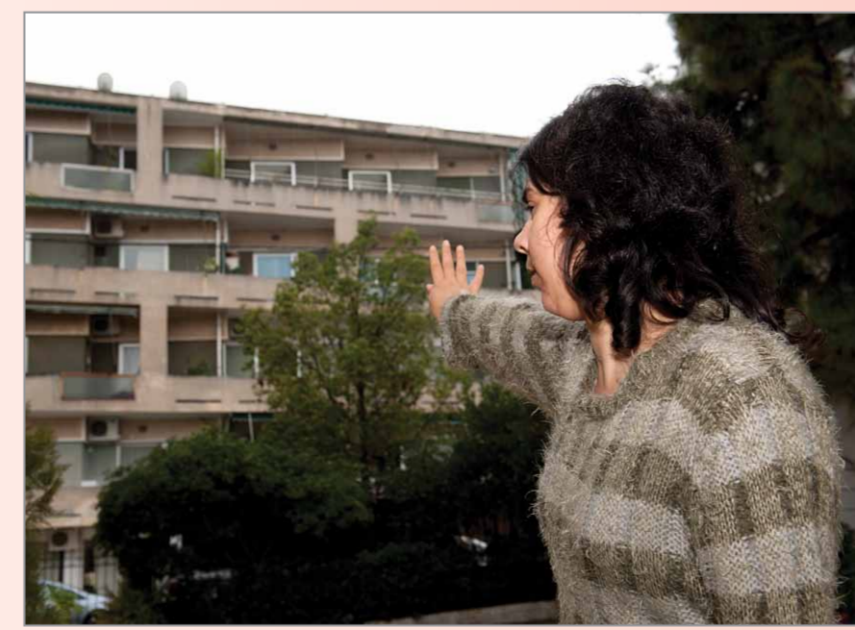
- ▶ When an earthquake happens and I am in a house, at school or at work, I go under a sturdy table or desk. I hold onto its leg.



- ▶ If there isn't a table or desk near me, I go to the middle of the room that I am in. I crouch down and cover my head with my hands.

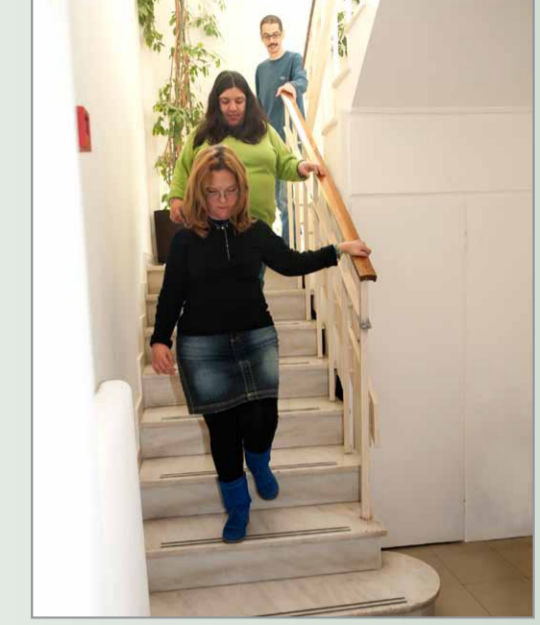


- ▶ When an earthquake happens and I am outside, I stay away from buildings.



The earthquake stops What should I do?

- ▶ I only use the stairs.



- ▶ I exit the building. I do not run.



- ▶ I go to the meeting place to meet my family, teachers or co-workers.

